

# **UPSTATE KARATE**

# **JANUARY 2010**

# **UPCOMING EVENTS**

- PreTest Week 1/11 - 1/15
- Test Day 1/16
- Karate Kamp 1/18 (Mon) & 1/19 (Tues) 7:30 am - 6:15 pm (activities TBD)
- Regular Class Schedule on 1/18 & 1/19
- BBC Friday 1/29 @7:15 pm - Mini Grappling Seminar
- Mr. Stephens fight at the BI-LO Center on Feb 5th.